



United Way of
Southwestern Pennsylvania
*serving Allegheny, Westmoreland,
Fayette and Southern Armstrong Counties*

HEALTH FOCUS AREA IMPACT STRATEGIES

Westmoreland, Fayette & Southern Armstrong Counties

THREE PRIORITY AREAS



SERVE OLDER ADULTS IN THEIR HOMES & COMMUNITIES

Many older adults need help to remain living safely and independently in their own homes. Family members and neighbors are not always available to assist with transportation and other needs. Trained volunteers can be coordinated to offer free non-medical services like transportation to doctor appointments, home safety checks, supportive visits and minor home maintenance projects.



PROVIDE ACCESS TO HEALTH SERVICES

People with disabilities and those who are unable to afford health care services face many challenges to access the supports they need. Programs are available to provide help for the defined population, without regard to income and/or disabilities. Supporting existing and encouraging enhanced programs in our service area can increase opportunities for individuals to receive quality services.



PROTECT OLDER ADULTS FROM ABUSE

Older adults are vulnerable to abuse, neglect and exploitation by family members, caregivers and others. Instances of abuse, including physical, psychological or sexual, financial exploitation, caregiver or self-neglect are vastly under-reported. Bringing attention to the risk factors for older adults and the systems in place to address elder abuse can encourage community understanding of this need, increase prevention of abuse and support the impacted population.

ADDITIONAL SUPPORTING PRIORITIES

CAREGIVER TRAINING & SUPPORT

Many family caregivers do not have experience caring for an older adult or a person with a disability or support for their own respite.

FINANCIAL STABILITY FOR OLDER ADULTS & PEOPLE WITH DISABILITIES

Connecting this population to employment and other supports that can improve their financial situation can positively impact their health in the future.

ACCESS TO RELIABLE TRANSPORTATION

The lack of transportation in our area is a barrier for older adults and people with disabilities. Access to reliable transportation fundamentally affects independence and inclusion.